1. A method in a user computer for sending a voice message, the message comprising: recording a voice message based on encoding parameters recognized by a voice messaging system;

storing the voice message within a data file having a selectable Multipurpose Internet Mail Extension (MIME) type recognizable by the voice messaging system as a voice message; and outputting the data file using a prescribed messaging protocol for transfer to a destination voice mailbox accessible by the voice messaging system for a corresponding voice messaging subscriber.

- 2. The method of claim 1, wherein the recording step includes recording the voice message using an executable browser plug-in resource configured for encoding the voice message using mulaw encoding at an encoding rate of 8 kHz.
- 3. The method of claim 1, wherein the recording step includes recording the voice message using an executable browser plug-in resource configured for encoding the voice message according to any one of G.711, G.729, and GSM encoding protocols.
- 4. The method of claim 3, wherein the storing step includes generating a MIME extension recognizable by the voice messaging system and based on the one encoding protocol utilized by the executable browser plug-in resource.
- 5. The method of claim 3, further comprising reviewing the voice message by the executable browser plug-in resource prior to the outputting step.
- 6. The method of claim 1, wherein the outputting step includes outputting the data file using an executable e-mail client configured for sending the data file using a prescribed e-mail protocol as the prescribed messaging protocol.

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7. The method of claim 6, wherein the outputting step includes outputting the data file to the destination voice mailbox according to one of SMTP protocol and IMAP protocol.

## 8. A user computer comprising:

a recorder configured for recording a voice message input by a user according to selected encoding parameters recognized by a voice messaging system, the recorder configured for storing the voice message as a data file having a selectable MIME type recognizable by the voice messaging system as a voice message; and

an e-mail client configured for sending the data file to a destination voice mailbox, using a prescribed messaging protocol, enabling access by the voice messaging system for a corresponding voice messaging subscriber.

- 9. The user computer of claim 8, wherein the recorder is configured for encoding the voice message using at least one of G.711, G.729, and GSM encoding protocols.
- 10. The user computer of claim 9, wherein the recorder includes an executable plug-in resource having executable code including instructions for performing the encoding according to the at least one of G.711, G.729, and GSM encoding protocols.
- 11. The user computer of claim 9, wherein the recorder selects the MIME type for the data file based on the one encoding protocol used to encode the voice message.
- 22. A computer readable medium having stored thereon sequences of instructions for sending a voice message, the sequences of instructions including instructions for performing the steps of:

recording a voice message based on encoding parameters recognized by a voice messaging system;

storing the voice message within a data file having a selectable Multipurpose Internet Mail Extension (MIME) type recognizable by the voice messaging system as a voice message; and

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outputting the data file using a prescribed messaging protocol for transfer to a destination voice mailbox accessible by the voice messaging system for a corresponding voice messaging subscriber.

- 13. The medium of claim 12, wherein the recording step includes recording the voice message using an executable browser plug-in resource configured for encoding the voice message using mu-law encoding at an encoding rate of 8 kHz.
- 14. The medium of claim 12, wherein the recording step includes recording the voice message using an executable browser plug-in resource configured for encoding the voice message according to any one of G.711, G.729, and GSM encoding protocols.
- 15. The medium of claim 14, wherein the storing step includes generating a MIME extension recognizable by the voice messaging system and based on the one encoding protocol utilized by the executable browser plug-in respurce.
- 16. The medium of claim 14, further comprising instructions for performing the step of reviewing the voice message by the executable browser plug-in resource prior to the outputting step.
- 17. The medium of claim 12, wherein the outputting step includes outputting the data file using an executable e-mail client configured for sending the data file using a prescribed e-mail protocol as the prescribed messaging protocol.
- 18. The medium of claim 17, wherein the outputting step includes outputting the data file to the destination voice mailbox according to one of SMTP protocol and IMAP protocol.
- 19. A user computer configured for sending a voice message, the user comprising: means for recording a voice message based on encoding parameters recognized by a voice messaging system;

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means for storing the voice message within a data file having a selectable Multipurpose Internet Mail Extension (MIME) type recognizable by the voice messaging system as a voice message; and

means for outputting the data file using a prescribed messaging protocol for transfer to a destination voice mailbox accessible by the voide messaging system for a corresponding voice messaging subscriber.

20. The user computer of claim 19, wherein the recording means includes an executable browser plug-in resource configured for encoding the voice message using mu-law encoding at an encoding rate of 8kHz.

- 21. The user computer of claim 19, wherein the recording means includes an executable browser plug-in resource configured for encoding the voice message according to any one of G.711, G.729, and GSM encoding protocols.
- 22. The user computer of claim 21, wherein the storing means is configured for generating a MIME extension redognizable by the voice messaging system and based on the one encoding protocol utilized by the executable browser plug-in resource.
- 23. The user computer of claim 21, wherein the recording means includes means for reviewing the voice message by the executable browser plug-in resource prior to the outputting step.
- 24. The user computer of claim 19, wherein the outputting means includes an executable email client configured for sending the data file using a prescribed e-mail protocol as the prescribed messaging protocol.
- 25. The user computer of claim 25, wherein the outputting means is configured for outputting the data file to the destination voice mailbox according to one of SMTP protocol and IMAP protocol.